

## Introducing Food Explorers...

Derbyshire County Council Catering Service is proud to introduce 'Food Explorers', our primary school menu/activities programme that invites children to discover new flavours, learn about food and ultimately become a Food Explorer.

The Food Explorer menu has familiar favourites for Explorers to enjoy and exciting dishes to discover, all of which are nutritionally balanced and exceed the School Food Standards.

Every Food Explorer lunch offers at least 3 of their 5 a day and is made using high quality ingredients including eggs from free range hens, British and Farm Assured meat and MSC Certified fish. Vegetarian dishes are available daily and vegan meals are available to order.

When ordering a school lunch your Food Explorer(s) will also be able to enjoy theme days and activities that teach children about food and help pupils lead healthier lives. If you would like any more information, please contact the Derbyshire Catering Service team who are here to help.

Derbyshire Catering Service Contact Details:

Telephone: 01629 536704 Email: <u>catering@derbyshire.gov.uk</u>





## Derbyshire Catering Service Frequently Asked Questions

1 How much does a school meal cost?

All children of infant age (reception, year 1 and year 2) receive a free meal regardless of personal circumstances through the government's Universal Infant Free School Meal scheme.

If you have older children and pay for meals, each school collects payment in different ways please check with your child's school.

Some families may be eligible for a Free School Meal, we would encourage every family to complete the Free School Meal form. If you do become eligible it means school receive additional funding from the government.

2 What should I do if my child has a food allergy or intolerance?

We cater for many different types of medical diet. Please complete a medical diet request form which can be obtained from your school office. When returned, this must be accompanied by written confirmation from a health care professional. If the diet is complex, we may need to contact you to arrange a meeting to discuss your child's requirements.

3 Do you offer faith, vegetarian or vegan diets?

Yes, we do. Please speak to your individual school caterer regarding this.

4 What happens if my child is a fussy eater or has additional needs regarding food and the lunchtime experience?

Our staff are very friendly and always encourage children to try new foods where possible. You may find that by having school meals your child will try foods that they wouldn't necessarily have at home. They will never be forced to eat a food they don't like.

5 Does my child have to have a dinner every day or pre-order their dinner?

Derbyshire Catering Service are very flexible, but each individual school has their own policy regarding this. Please check your child's school for more information.

6 How do I get information about the food that is being served?

Derbyshire Catering Service produces two different menus each year. A menu leaflet will be sent home to you via your school. More information can be found on our website: <u>https://www2.myschoollunch.co.uk/derbyshire/</u>